

Colchester Judo Club

www.colchesterjudoclub.co.uk



Newsletter #1 March 2010

Welcome to the first Colchester Judo Club Newsletter of 2010.

We have now settled in to our new location at St Mary's School and would like to thank the parents and members of their continued support during the relocation of the Club. I think we can all agree that the club now has a far better venue than Leisure World.

Instructor News

Sam Duncombe has completed his Club Instructor Award.

Lizzy Boyd has successfully completed her Level 1 Coaching award.

Lizzy and Gareth should complete their Level 2 Coaching Awards by the end of May.

Gradings

Juniors

The recent grading in November for the 5-8 year olds resulted in Joe Cole, Christopher Ashdown, Samuel Strugnell, Harry Youngman and Sasha Harvey all being awarded their 1st Mon. Congratulations to them!

Seniors

Sam Duncombe and Edward Reeve have both won their First Dan (Black Belt) after winning two contests and a completing a line-up of three further contests winning them all, they now both have to complete their theory.

Club Committee and ClubMark News

Following the recent departure of Anne, Gareth Harvey has now assumed the role of Club Treasurer.

Sam Greene is taking on the role of Club Welfare Officer and is waiting to attend "NSPCC Time to Listen" and Child Protection Courses.

Tony and Gareth have both just completed an "Equity in Coaching" course.

Tony, Gareth, Lizzy, Jason and Sam have all attended the NSPCC "Safeguarding and Protecting Children" course.

Other News

The club will participate in the Sainsburys "Active Kids" taster sessions at Stanway Junior School later this year. Our ClubMark status assisted in our selection for this event, that will raise the Club's community profile.